

# ISABGUL N

## PSYLIUM HUSK

### **Compositions:**

Each 4.15 g (sachet or spoonful) of granules contains 3.5g Psyllium husk powder as an active ingredient.

### **Pharmacology:**

Psyllium serves as an ideal laxative & it contains 80% soluble fiber. Its primary chemical component is mucilage, effectively beneficial in chronic constipation, piles or hemorrhoids and even colon cancer. Moreover, it has a soothing effects on the gastric and intestinal mucosa, making it effective against gastric irritation and ulceration. In addition, Psyllium helps in lowering serum cholesterol levels (LDL) and reduces blood glucose, which is beneficial for obesity and diabetes patients.

### **Dosage And Administration:**

1sachet or spoonful 1-3 times daily or as per doctor's advice.

### **Contraindications:**

undefined

### **Warning And Precaution:**

undefined

### **Side Effects:**

Flatulence, abdominal distension, gastro-intestinal obstruction.

### **Use in Pregnancy and Lactation:**

Safe

### **Drug Interaction:**

undefined

### **Overdosage:**

undefined

### **Storage:**

Store in a cool and dry place. Keep out of reach of children.

### **Packing:**

each box contains 20 psyllium fiber Sachets.

Manufactured By:

The IBN SINA Pharmaceutical Industry PLC.

Shafipur, Gazipur, Bangladesh.