

Veesina
Vitamin-C
Chewable Tablet

Composition

Each Veesina tablet contains Ascorbic Acid BP 125 mg and Sodium Ascorbate USP 140.62 mg equivalent to 125 mg of Ascorbic Acid USP.

Description

Vitamin-C (**Veesina**) is an important constituent of the body for biological oxidation-reduction process. It is essential in the synthesis of collagen and intracellular materials. Besides it has an essential role in the formation of soft bones, maturation of teeth by formation of dentin, conversion of folic acid to folinic acid and for the remedy of injury and wounds. Also it plays an important role in haemoglobin synthesis and in maturation of RBC. Recent studies indicated that the old men who have low ascorbic acid level in blood have higher risk of stroke. So, long term intake of ascorbic acid at a level higher than normal results in a greater decrease in risk of stroke.

Indication

1. Vitamin-C deficiency diseases, such as: scurvy, dental caries, pyorrhea, haemorrhage, dental haemorrhage, anaemia etc.
- 2 . To increase body resistance.
3. To increase iron absorption from iron containing foods.
4. During pregnancy and for women taking contraceptive pill.
5. For old-ster and for chain smoker.
6. For normal wound healing and post-operative wound healing, as it helps in tissue repairing and in formation of collagen.

Dosage and Administration

Scurvy : 1-4 tablets daily or as advised by the physician.

Wound healing : 1-2 tablets daily for 7-10 days.

Ulcer due to severe burn : 4-8 tablets daily.

Other cases : 1-2 tablets daily.

Side effect

Higher dose may cause diarrhoea, headache, nausea. Stones of oxalate and urate may form in kidney, if urine becomes acidic.

Precaution

Ingestion of mega dose (more than 1000 mg daily) of vitamin C during pregnancy has resulted in scurvy in neonates. Vitamin C in mega-doses has been contraindicated for patients with hyperoxaluria. Vitamin C itself is a reactive substance in the redox system and can give rise to false positive reactions in certain analytical tests for glucose, uric acid, creatine and occult blood.

Pregnancy and Lactation

The drug is safe in normal doses in pregnant women, but a daily intake of 5 gm or more is reported to

have caused abortion. The drug may be taken safely during lactation.

Drug interaction

Potentially hazardous interactions: Ascorbic acid is incompatible in solution with aminophylline, bleomycin, erythromycin, lactobionate, nafcillin, nitrofurantoin sodium, conjugated oestrogen, sodium bicarbonate, sulphafurazole diethanolamine, chloramphenicol sodium succinate, chlorthiazide sodium and hydrocortisone sodium succinate.

Useful interactions: Ascorbic acid increases the apparent half-life of paracetamol and enhances iron absorption from the gastrointestinal tract.

Contraindication

Vitamin C in mega-doses has been contraindicated for patients with hyperoxaluria.

Storage

Store at cool and dry place away from light.

Presentation

Veesina Tablet : Each Box contains 10 x 10's tablets in alu-alu strip.

Manufactured by:

The IBN SINA Pharmaceutical Industry Ltd.
Shafipur, Kaliakoir, Gazipur, Bangladesh.