

Bilamin

Bilastine

Composition: Each tablet contains Bilastine INN 20 mg.

Pharmacology: Bilastine is an antihistamine; its principal effects are mediated via selective inhibition of peripheral H₁ receptors. The antihistaminic activity of bilastine has been documented in a variety of animal and human models. It shows moderate to high affinity for histamine H₁-receptors and no affinity for muscarinic, serotonergic, dopaminergic and noradrenergic receptors. Bilastine has been demonstrated to have limited distribution to the brain following oral administration.

Indication: Seasonal Allergic Rhinitis: Bilastine is indicated for the symptomatic relief of nasal and non-nasal symptoms of seasonal allergic rhinitis (SAR) in patients 12 years of age and older. Chronic Spontaneous Urticaria: Bilastine is indicated for the relief of the symptoms associated with chronic spontaneous urticaria (CSU) (e.g. pruritus and hives), in patients 18 years of age and older.

Dosage & administration: **Seasonal Allergic Rhinitis: ≥12 years:** 20 mg once daily. **Chronic Spontaneous Urticaria: ≥18 years:** 20 mg once daily. Maximum daily dose: The maximum recommended daily dose is 20 mg and should not be exceeded.

Contraindication: Bilastine is contraindicated in patients with hypersensitivity to bilastine or to any ingredient in the formulation or component of the container. Bilastine is also contraindicated in patients with a history of QT prolongation or congenital long QT syndromes.

Warning & precautions: Bilastine should be taken cautiously in case of moderate to severe renal impairment.

Side effects: The most common side effects of Bilastine include: headache, dizziness and fatigue.

Use in pregnancy & Lactation: It is unknown whether bilastine is excreted in human breast milk. It should be used during pregnancy only if the potential benefit justifies the potential risk of the fetus.

Use in children: The safety and efficacy in children under 12 years of age have not been established.

Drug Interactions: Concomitant intake of Bilastine and Ketoconazole or Erythromycin and Diltiazem 60 mg increase Bilastine concentration. The psychomotor performance after concomitant intake of Alcohol and 20 mg Bilastine was similar to that observed after intake of Alcohol and placebo.

Overdose: Most frequently reported adverse reactions due to overdosage include dizziness, headache and nausea.

Storage: Store between 15°C – 30°C. Keep out of reach and sight of children.

Presentation: Each box contains 3x10 tablets in Alu-Alu blister pack.



Manufactured by
The **IBN SINA** Pharmaceutical Industry Ltd.
Shafipur, Kaliakoir, Gazipur, Bangladesh.